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# Tobacco Resource Directory

**Prevention**

**Cessation**

**Advocacy**

## Tobacco Resource Directory

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Program/Service: <b>Community Partnership for Tobacco Prevention</b>		Organization: <b>Essex Prevention Resources</b>
Website: <a href="http://essexpreventionresources.org/essex/index.php">http://essexpreventionresources.org/essex/index.php</a>		
Name/ Title of Contact: : <b>Clarisa Bido, B.A. / Community Partnerships Coordinator/Health Educator</b>		
Phone: <b>(973) 571-2324 x15</b>	E-Mail: <a href="mailto:eprcoordinator@yahoo.com">eprcoordinator@yahoo.com</a>	Address: <b>201 Bloomfield Ave. Suite #29 Verona, New Jersey 07044</b>
Fax: <b>(973) 571-2327</b>		
<p>Program/Service Description:</p> <p>Community Partnerships is one of Essex Prevention Resources, Inc.'s programs designed to promote change and to maximize the health and wellness of our diverse communities. This comprehensive tobacco program is based on prevention and training. The goal of this program is to engage all people by bringing them together for the common purpose of developing healthier lifestyles.</p> <p>Community Partnerships provides technical assistance, workshops, trainings, and resources to local community service organizations, schools, businesses, etc. throughout Essex County.</p>		Type of Service (e.g. Advocacy, prevention): <b>Prevention</b>
		Special Population Served: Essex County, <b>Adults 18+</b>
		Language Capacity: <b>English/Spanish</b>

Program/Service: <b>REBEL</b>		Organization: <b>New Jersey's Comprehensive Tobacco Control program</b>
Website: <a href="http://www.njrebel.com/">http://www.njrebel.com/</a>		
Name/ Title of Contact: <b>Christy Navea - Youth Coordinator</b>		
Phone: <b>(973) 571-2324</b>	E-Mail: <b>essexrebel@hotmail.com</b>	Address: <b>201 Bloomfield Ave. Suite #29 Verona, New Jersey 07044</b>
Fax: <b>(973) 571-2327</b>		
<p>Program/Service Description:</p> <p>REBEL is a youth led anti tobacco program that is funded by New Jersey's Comprehensive Tobacco Control program (CTCP). The acronym REBEL stands for Reaching Everyone By Exposing Lies. The lies that the name speaks of are the manipulations of the 5 largest tobacco companies, "Big Tobacco", that are forced upon the youth of New Jersey.</p> <p>The big tobacco companies are utilizing many illicit marketing tactics in order to target New Jersey's youth. Placing cigarette advertisements at children's eye level, creating candy flavored cigarettes, or giving away products that are directly marketed for young girls are just a few examples of how these companies are succeeding in luring young people into using their products. REBEL was created in order to give young people the knowledge and tools to fight back.</p> <p>Our program begins with REBEL 2. This is the middle school component to the program. Each chapter follows an organized curriculum designed to give members a solid base of knowledge about the tobacco industry, the harms of tobacco, and the lies that are surrounding them on a daily basis. This part of the program is mainly led by a trained instructor. Upon completion of REBEL 2, members transition into REBEL. REBEL is the high school piece of the program. Youth empowerment is one of the main focuses of the program. Armed with the knowledge that they received in REBEL 2, members of REBEL lead their chapters. Events are held in their schools and throughout their communities in order to raise awareness. Members are provided the opportunity to attend meetings on both the county and state level. REBEL U is a continuation of REBEL that is spreading to many New Jersey colleges and universities. This provides members a chance to become active on a much higher level.</p>		
		Special Population Served: <b>Essex County, Youth</b>
		Language Capacity: <b>English/Spanish</b>

Program/Service: <b>Guidelines for School Health Programs to Prevent Tobacco Use and Addiction</b>		Organization: <b>Morbidity and Mortality Weekly Report Centers for Disease Control and Prevention</b>
Website: <b>www.cdc.gov/mmwr/preview/mmwrhtml/00026213.htm</b>		
Name/ Title of Contact:		
Phone: <b>(404)498-1150</b>	E-Mail: <a href="mailto:mmwrq@cdc.gov">mmwrq@cdc.gov</a>	Address: <b>1600 Clifton Rd, MailStop E-90, Atlanta, GA 30333, U.S.A.</b>
<b>Fax: (404) 498-2389</b>		
<p>Program/Service Description: Tobacco use is the leading cause of preventable death in the United States. The majority of daily smokers (82%) began smoking before 18 years of age, and more than 3,000 young persons begin smoking each day. School programs designed to prevent tobacco use could become one of the most effective strategies available to reduce tobacco use in the United States. The following guidelines summarize school-based strategies most likely to be effective in preventing tobacco use among youth. They were developed by CDC in collaboration with experts from 29 national, federal, and voluntary agencies and with other leading authorities in the field of tobacco-use prevention to help school personnel implement effective tobacco-use prevention programs. These guidelines are based on an in-depth review of research, theory, and current practice in the area of school-based tobacco-use prevention. The guidelines recommend that all schools a) develop and enforce a school policy on tobacco use, b) provide instruction about the short- and long-term negative physiologic and social consequences of tobacco use, social influences on tobacco use, peer norms regarding tobacco use, and refusal skills, c) provide tobacco-use prevention education in kindergarten through 12th grade, d) provide program-specific training for teachers, e) involve parents or families in support of school-based programs to prevent tobacco use, f) support cessation efforts among students and all school staff who use tobacco, and g) assess the tobacco-use prevention program at regular intervals.</p>		Type of Service (e.g. Advocacy, prevention): <b>Prevention</b>
		Special Population Served:
		Language Capacity: <b>English</b>

Program/Service: <b>The Federal Government Source for Women's Health Information</b>		Organization: <b>U.S. Department of Health &amp; Human Services</b>
Website: <a href="http://www.womenshealth.gov/quit%2Dsmoking/">http://www.womenshealth.gov/quit%2Dsmoking/</a>		
Name/ Title of Contact:		
Phone: <b>1-800-994-9662</b>	E-Mail:	Address:
Fax:		
Program/Service Description:		Type of Service (e.g. Advocacy, prevention): <b>Cessation, Prevention</b>
<p>This section of womenshealth.gov will help you and the people you love to <b>not smoke!</b> Along with information on the health effects of smoking, we provide you with resources to help you quit if you are a smoker. We encourage you to learn as much as you can about smoking and share this information with your loved ones. Remember, it's best not to start smoking. If you do smoke, don't give up on quitting. We know how hard quitting can be, but you'll be glad you did! Being smoke-free will help you to live longer with better health.</p>		Special Population Served: <b>Women</b>
		Language Capacity: <b>English/Spanish</b>

Program/Service: <b>Secondhand Smoke: What It Means to You</b>		Organization: <b>Surgeon General – Center For Disease Control (CDC), US Dept of Health &amp; Human Services</b>
Website: <b>www.surgeongeneral.gov</b>		
Name/ Title of Contact:		
Phone: <b>1-800-CDC-INFO</b> (1-800-232-4636)  *24 hours/day, 7 days/week	E-Mail: <a href="mailto:tobaccoinfo@cdc.gov">tobaccoinfo@cdc.gov</a>	Address:
Fax:		
Program/Service Description:  Learn why secondhand smoke is so harmful and what you can do to prevent exposure to this kind of smoke.  More information is also available by going to the Centers for Disease Control and Prevention (CDC) website at <a href="http://www.cdc.gov/tobacco">www.cdc.gov/tobacco</a> .		
		Type of Service (e.g. Advocacy, prevention): <b>Prevention</b>
		Special Population Served:
		Language Capacity: <b>English, Spanish</b>

Program/Service: <b>Smoking and Tobacco Use</b>		Organization: <b>Center for Disease Control and Prevention</b>
Website: <b>www.cdc.gov/tobacco</b>		
Name/ Title of Contact:		
Phone: <b>1-800-CDC-INFO</b> (1-800-232-4636)  *24 hours/day, 7 days/week	E-Mail: <a href="mailto:tobaccoinfo@cdc.gov">tobaccoinfo@cdc.gov</a>	Address: <b>1600 Clifton Rd. Atlanta, GA 30333, USA</b>
Fax:		
Program/Service Description: Watch podcasts and learn about the health effects of smoking and secondhand smoke.		Type of Service (e.g.Advocacy, prevention): <b>Prevention</b>
		Special Population Served:
		Language Capacity: <b>English</b>



Program/Service: <b>The Science Behind Drug Abuse</b>		Organization: <b>National Institute on Drug Abuse</b>
Website: <b><a href="http://teens.drugabuse.gov/mom/mom_nic1.php">http://teens.drugabuse.gov/mom/mom_nic1.php</a></b>		
Name/ Title of Contact:		
Phone: <b>1-877-NIDA-NIH</b> (to order this publication)	E-Mail:	Address:
Fax:		
Program/Service Description: Website includes glossary, blogs, free downloads and exercises and outside resources		
		Special Population Served: <b>Teenagers</b>
		Language Capacity: <b>English</b>

Program/Service: <b>The Nurses Role in Tobacco Prevention and Cessation for Adolescents – Study Module</b>		Organization: <b>American Nurse's Foundation</b>
Website: <b><a href="http://nursingworld.org/mods/mod424/tobaccoadolfull.htm">http://nursingworld.org/mods/mod424/tobaccoadolfull.htm</a></b>		
Name/ Title of Contact: <b>Andrea Brassard, DNSc, MPH, CRNP</b>		
Phone:	E-Mail:	Address:
Fax:		
Program/Service Description:		Type of Service (e.g. Advocacy, prevention): <b>Prevention</b>
<b>Objectives:</b> On successful completion of this independent study module, the learner will be able to:		Special Population Served:
<ol style="list-style-type: none"> <li>1. Recognize the current prevalence of adolescent tobacco use.</li> <li>2. Examine the etiology of tobacco use in adolescence</li> <li>3. Investigate resources and strategies for tobacco prevention in school health settings.</li> <li>4. Use tobacco cessation strategies and resources with adolescents in multiple settings.</li> <li>5. Partner with other nurses against tobacco use.</li> </ol>		Language Capacity:

Program/Service: <b>Youth Prevention</b>		Organization: <b>Tobacco Control Network</b>
Website: <a href="http://www.ttac.org/TCN/tfp/2005/sep-oct-2005/youth_prev.html">http://www.ttac.org/TCN/tfp/2005/sep-oct-2005/youth_prev.html</a>		
Name/ Title of Contact:		
Phone: <b>(404) 712-8474</b>	E-Mail: <a href="mailto:ttac@sph.emory.edu">ttac@sph.emory.edu</a>	Address: <b>Emory University MS: 1599-001-1BW 1599 Clifton Road, 6th Floor Atlanta, GA 30322</b>
Fax:		
Program/Service Description: Research on Youth Prevention		Type of Service (e.g. Advocacy, prevention): <b>Prevention</b>
TTAC was established in 2001 through grants from the American Cancer Society (ACS), the American Legacy Foundation (Legacy), and The Robert Wood Johnson Foundation (RWJF) to provide technical assistance, information resources, and training for state and local tobacco control programs.		Special Population Served: <b>Youth</b>
		Language Capacity:

Program/Service: <b>Quit Program in Essex County</b>		Organization: <b>Institute for Prevention - Saint Barnabas Ambulatory Care Center</b>
Website: <b>www.instituteforprevention.com</b>		
Name/ Title of Contact: <b>Dennis Lee, Tobacco Dependence Treatment Specialist</b>		
Phone: <b>(973) 926-7978</b>	E-Mail: <a href="mailto:theinstitute@sbhcs.com">theinstitute@sbhcs.com</a>	Address: <b>200 South Orange Ave, Livingston NJ</b>
Fax:		
Program/Service Description:  The six-week program consists of group and/or individual coaching. Participants in the program receive: <ul style="list-style-type: none"> <li>• A one-on-one comprehensive assessment</li> <li>• An individualized Quit Smoking Plan</li> <li>• Up to date information on medications and nicotine replacement therapies</li> <li>• Strategies for overcoming cravings and dealing with withdrawal symptoms</li> <li>• Weight management tips</li> <li>• Techniques on reducing stress</li> <li>• Suggestions for preventing relapse</li> </ul>		Type of Service (e.g. Advocacy, prevention): <b>Cessation</b>
		Special Population Served:
		Language Capacity:

Program/Service: <b>New Jersey QuitNet</b>		Organization: <b>New Jersey Department of Health and Senior Services</b>	
Website: <a href="http://www.nj.quitnet.com">www.nj.quitnet.com</a>			
Name/ Title of Contact:			
Phone:	E-Mail:	Address:	
Fax:			
Program/Service Description: <ul style="list-style-type: none"> <li>• Free online information, counseling, and referral service, 24-7</li> <li>• Quit calendar and other quitting tools and strategies</li> <li>• Chat rooms and online peer support and encouragement</li> </ul>			Type of Service (e.g. Advocacy, prevention): <b>Cessation</b>
			Special Population Served: <b>New Jersey</b>
		Language Capacity:	

Program/Service: <b>NJ Quitline</b>		Organization: <b>State of New Jersey Department of Health and Senior Services</b>
Website: <a href="http://www.state.nj.us/health/as/ctcp/index.html">http://www.state.nj.us/health/as/ctcp/index.html</a>		
Name/ Title of Contact: <b>LorieAnn Wilkerson-Leconte, M.P.H., RRT</b>		
Phone: <b>1-866-NJ- STOPS</b>	E-Mail:  <a href="mailto:LorieAnn.Wilkerson-Leconte@doh.state.nj.us">LorieAnn.Wilkerson- Leconte@doh.state.nj.us</a>	Address: <b>240 West State Street P. O. Box 373 Trenton, NJ 08625</b>
Fax:		
Program/Service Description:  NJ Quitline is a toll-free, telephone based, free service that helps people who want to stop smoking. Trained counselors give callers information, advice, encouragement and one-on-one counseling. Counselors design an individualized program to support each smoker's effort to quit. Participants receive four counseling sessions, with the option of adding sessions as needed.		Type of Service (e.g. Advocacy, prevention): <b>Cessation</b>
		Special Population Served: <b>New Jersey</b>
		Language Capacity: <b>26 languages</b>

Program/Service: <b>GlaxoSmithKline Smokers Hotline</b>		Organization: <b>WAY2QUIT</b>
Website: <a href="http://www.way2quit.com/Support.aspx">http://www.way2quit.com/Support.aspx</a>		
Name/ Title of Contact:		
Phone: <b>1-877-662-7434</b>	E-Mail:	Address:
Fax:		
Program/Service Description:  GlaxoSmithKline operates a free, dedicated support line staffed by certified smoking cessation counselors. <b>Call 1-877-NO-ASHES (1-877-662-7437) any weekday from 8am to 5pm ET for helpful ideas, tips and support.</b>		Type of Service (e.g. Advocacy, prevention): <b>Cessation</b>
		Special Population Served: <b>United States</b>
		Language Capacity: <b>English</b>

Program/Service: <b>Ex: Re-learn Life Without Cigarettes</b>		Organization: <b>American Legacy Foundation</b>
Website: <b>www.becomeanex.org</b>		
Name/ Title of Contact:		
Phone:	E-Mail:	Address:
Fax:		
Program/Service Description:  This site from the American Legacy Foundation provides an online support system to help you quit smoking. It includes information on quitting smoking, tips from experts, a community forum where you can talk with others who are quitting smoking, and a place to make your own customized smoking cessation plan.  <b>EX</b> is a whole new way to think about quitting smoking - it's about re-learning life without cigarettes. We can help you learn how to do everything you currently do with a cigarette, but without one.  The free <b>EX</b> plan is based on personal experiences from ex-smokers, as well as the latest scientific research from the experts at Mayo Clinic. Whether this is your first try or your 10th, this plan can help you quit smoking.		
		Special Population Served:
		Language Capacity: <b>English/Spanish</b>



Program/Service: <b>smokefree.gov</b>		Organization: <b>Tobacco Control Research Branch of the National Cancer Institute.</b>
Website: <b>http://www.smokefree.gov/</b>		
Name/ Title of Contact:		
Phone:	E-Mail: <b>NCISmokeFreeTeam@mail.nih.gov</b>	Address:
Fax:		
Program/Service Description:		Type of Service (e.g. Advocacy, prevention): <b>Cessation</b>
<p>Smokefree.gov is intended to help you or someone you care about quit smoking.</p> <p>Different people need different resources as they try to quit. The information and professional assistance available on this Web site can help to support both your immediate and long-term needs as you become, and remain, a nonsmoker.</p> <p>Smokefree.gov allows you to choose the help that best fits your needs. You can get immediate assistance in the form of:</p> <ul style="list-style-type: none"> <li>- An online step-by-step cessation guide</li> <li>- Local and state telephone quitlines</li> <li>- NCI's national telephone quitline</li> <li>- NCI's instant messaging service</li> <li>- Publications, which may be downloaded, printed, or ordered</li> </ul>		Special Population Served:
		Language Capacity:

Program/Service: <b>Smoke Free Women</b>		Organization: <b>Tobacco Control Research Branch, Behavioral Research Program, Division of Cancer Control and Population Sciences of the National Cancer Institute.</b>
Website: <a href="http://women.smokefree.gov/">http://women.smokefree.gov/</a>		
Name/ Title of Contact:		
Phone:	E-Mail: <a href="mailto:NCISmokeFreeTeam@mail.nih.gov">NCISmokeFreeTeam@mail.nih.gov</a> .	Address:
Fax:		
<p>Program/Service Description:</p> <p>Women.Smokefree.gov is intended to help you or someone you care about quit smoking and is designed to try to provide information about topics that are often important to women.</p> <p>Different women need different resources as they try to quit. The information and professional assistance available on this Web site can help to support both your immediate and long-term needs as you become, and remain, a nonsmoker.</p> <p>Women.Smokefree.gov allows you to choose the help that best fits your needs. You can get immediate assistance in the form of:</p> <ul style="list-style-type: none"> <li>• <a href="#">An online step-by-step cessation guide</a></li> <li>• Information about a wide range of topics related to smoking and quitting</li> <li>• Self-quizzes about important subjects like depression, withdrawal, and relationships</li> <li>• Local and state telephone quitlines, 1-800-QUIT-NOW</li> <li>• NCI's national telephone quitline, 1-877-44U-QUIT</li> <li>• <a href="#">NCI's instant messaging service</a></li> <li>• <a href="#">Publications, which may be downloaded, printed, or ordered</a></li> </ul> <p>The Web site was created by the Tobacco Control Research Branch, Behavioral Research Program, Division of Cancer Control and Population Sciences of the National Cancer Institute.</p> <p>A number of organizations assisted and/or provided feedback during the development of the site, including:</p> <ul style="list-style-type: none"> <li>• Centers for Disease Control and Prevention - Office on Smoking and Health</li> <li>• Centers for Disease Control and Prevention - Division of Reproductive Health</li> <li>• Health Canada</li> <li>• American Legacy Foundation</li> <li>• The Robert Wood Johnson Foundation</li> <li>• American Cancer Society</li> </ul> <p>Numerous researchers within the field of tobacco control also contributed to the site.</p>		Type of Service (e.g.Advocacy, prevention): <b>Cessation</b>
		Special Population Served: <b>Women</b>
		Language Capacity:

Program/Service: <b>Help for Smokers and Other Tobacco Users – Booklet</b>		Organization: <b>U.S. Department of Health &amp; Human Services</b>
Website: <b><a href="http://www.ahrq.gov/consumer/tobacco/helpsmokers.htm">http://www.ahrq.gov/consumer/tobacco/helpsmokers.htm</a></b>		
Name/ Title of Contact:		
Phone: <b>(301) 427-1364</b>	E-Mail:	Address: <b>Agency for Healthcare Research and Quality Office of Communications and Knowledge Transfer 540 Gaither Road, Suite 2000 Rockville, MD 20850.</b>
Fax:		
Program/Service Description: Easy to Read Consumer Booklet:  <b>You can quit.</b> Quitting is hard. Many people try several times before they quit for good. But they do succeed.  This booklet tells you about ways you can quit.		Type of Service (e.g. Advocacy, prevention): <b>Cessation</b>
		Special Population Served:
		Language Capacity: <b>English/Spanish</b>

Program/Service: <b>Quitting Chewing Tobacco and Snuff – Telephone and Online Chat Service</b>		Organization: <b>National Cancer Institute</b>
Website: <b><a href="https://cissecure.nci.nih.gov/livehelp/welcome.asp">https://cissecure.nci.nih.gov/livehelp/welcome.asp</a></b>		
Name/ Title of Contact:		
Phone: <b>1-877-44U-QUIT (1-877-448-7848)</b>	E-Mail:	Address:
Fax:		
Program/Service Description:		
Talk with a smoking cessation counselor about quitting smokeless tobacco - call NCI's Smoking Quitline, within the United States, Monday through Friday 8:00 a.m. to 8:00 p.m. local time.		Special Population Served:
Use LiveHelp online chat. For smokeless tobacco information, click on the "Smoking Cessation" button in the <a href="#">LiveHelp pop-up</a> - have a confidential online text chat with an NCI smoking cessation counselor, Monday through Friday 8:00 a.m. to 11:00 p.m. U.S. Eastern Time.		Language Capacity:

Program/Service: <b>Spit Tobacco – A Guide for Quitting</b>		Organization: <b>National Institute of Dental and Craniofacial Research – National Institutes of Health</b>
Website: <b><a href="http://www.nidcr.nih.gov/OralHealth/Topics/SpitTobacco/SpitTobaccoAGuideforQuitting.htm">http://www.nidcr.nih.gov/OralHealth/Topics/SpitTobacco/SpitTobaccoAGuideforQuitting.htm</a></b>		
Name/ Title of Contact:		
Phone: <b>1-866-232-4528</b>	E-Mail: <a href="mailto:nidcrinfo@mail.nih.gov">nidcrinfo@mail.nih.gov</a>	Address:  <b>Bethesda, MD</b>
Fax: <b>301-480-4098</b>		
Program/Service Description:		Type of Service (e.g.Advocacy, prevention): <b>Cessation</b>
<p><u>Introduction</u>  <u>The Dangers of Dip and Chew</u>  <u>Understanding Your Addiction</u>  <u>Myths and Truths</u>  <u>Quitting Plan</u>              Decide to quit              Reasons to quit              Pick a quit date              Get psyched up for quitting              Cut back before you quit              Right before your quit day              Quit day!</p> <p><u>First Week: Coping with Withdrawal</u>  <u>Second Week: Dealing with Triggers</u>  <u>Tips for Going the Distance</u>  <u>Celebrate Your Success</u></p>		Special Population Served:
		Language Capacity: <b>English</b>

Program/Service: <b>A Collection of Articles on Nicotine Addiction</b>		Organization: <b>National Institute on Drug Abuse – NIH</b>
Website: <a href="http://www.drugabuse.gov/NIDA_Notes/NN0031.html">http://www.drugabuse.gov/NIDA_Notes/NN0031.html</a>		
Name/ Title of Contact:		
Phone: <b>1-877-NIDA-NIH</b> (to order this publication)	E-Mail: <a href="mailto:Information@nida.nih.gov">Information@nida.nih.gov</a>	Address:
Fax:		
Program/Service Description:  Includes PDF file of NIDA Notes – articles addressing research on nicotine		Type of Service (e.g. Advocacy, prevention): <b>Cessation</b>
		Special Population Served:
		Language Capacity: <b>English</b>

Program/Service: <b>Tobacco Treatments</b>		Organization: <b>Association for the Treatment of Tobacco use and Dependence (ATTUD)</b>
Website: <a href="http://www.attud.org/">http://www.attud.org/</a>		
Name/ Title of Contact:		
Phone:	E-Mail: <b>lisa.underwood@umdnj.edu</b>	Address:
Fax:		
Program/Service Description:  ATTUD is an organization of providers dedicated to the promotion of and increased access to evidence-based tobacco treatment for the tobacco user.		Type of Service (e.g. Advocacy, prevention): <b>Cessation</b>
		Special Population Served:
		Language Capacity: <b>English</b>

Program/Service: <b>Helpers Program</b>		Organization: <b>Department of Family and Community Medicine, The University of Arizona</b>
Website: <b>http://reach.arizona.edu</b>		
Name/ Title of Contact: <b>Myra Muramoto, MD, MPH</b>		
Phone: <b>520-626-1084</b>	E-Mail: <b><u>myram@u.arizona.edu</u></b>	Address:  <b>Family and Community Medicine College of Medicine Arizona Health Sciences Center The University of Arizona 1450 N. Cherry Ave. Tucson, AZ 85719</b>
Fax: <b>520-626-1080</b>		
Program/Service Description:  The Helpers Program offers information, training and support to individuals interested in helping someone quit tobacco.  The Helpers Program was developed at The University of Arizona, College of Medicine and is based on the experience and outcomes from Project Reach, a research study funded by the National Cancer Institute.		
		Special Population Served:
		Language Capacity: <b>English</b>



Program/Service: <b>Youth Smoking Prevention Campaign</b>		Organization: <b>American Legacy Foundation</b>
Website: <b>www.TheTruth.com</b>		
Name/ Title of Contact:		
Phone:	E-Mail:	Address:
Fax:		
Program/Service Description:  American Legacy Foundation tobacco education campaign covers cigarettes, smoking, other tobacco products.		Type of Service (e.g. Advocacy, prevention): <b>Advocacy</b>
		Special Population Served: <b>Youth</b>
		Language Capacity: <b>English</b>

Program/Service: <b>International Resource Center</b>		Organization: <b>Campaign for Tobacco-Free kids</b>
Website: <b>www.tobaccofreekids.org</b>		
Name/ Title of Contact:		
Phone: <b>(202) 296-5469</b>	E-Mail:	Address: <b>1400 Eye Street, Suite 1200, Washington DC 20005</b>
Fax: <b>+1-202-296-5427</b>		
Program/Service Description:		Type of Service (e.g. Advocacy, prevention): <b>Advocacy</b>
<p>The Campaign for Tobacco-Free Kids is a leader in working to reduce tobacco use and its devastating health and economic consequences in the United States and around the world. A non-governmental organization based in Washington, D.C., the Campaign works with many partners to:</p> <ul style="list-style-type: none"> <li>• Inform governments, the public and the media about the many harmful effects of tobacco use and exposure to secondhand smoke.</li> <li>• Support the adoption of science-based measures that reduce tobacco use and exposure to secondhand smoke.</li> <li>• Share best practices and information with our partners to ensure efforts to reduce tobacco use are as effective as possible.</li> </ul>		Special Population Served: <b>Global</b>
		Language Capacity:

Program/Service: <b>InfoFacts – High School and Youth Trends</b>		Organization: <b>National Institute on Drug Abuse – NIH</b>
Website: <b><a href="http://www.drugabuse.gov/infacts/HSYouthtrends.html">http://www.drugabuse.gov/infacts/HSYouthtrends.html</a></b>		
Name/ Title of Contact:		
Phone: <b>(301) 443-1124</b>	E-Mail:	Address: <b>National Institute on Drug Abuse National Institutes of Health 6001 Executive Boulevard, Room 5213 Bethesda, MD 20892-9561 U.S.A</b>
Fax:		
Program/Service Description:  Since 1975, the Monitoring the Future (MTF) survey has been administered annually to study the extent of and beliefs about drug use among 12th-graders. The survey was expanded in 1991 to include 8th- and 10th-graders. It is funded by NIDA and is conducted by the University of Michigan's Institute for Social Research. The goal of the survey is to collect data on daily, past-month, past-year, and lifetime <sup>1</sup> drug use among students in these grade levels. The 34th annual study was conducted during 2008. <sup>2</sup>		Type of Service (e.g. Advocacy, prevention): <b>Advocacy</b>
		Special Population Served:
		Language Capacity: <b>English/Spanish</b>

Program/Service: <b>Resources Provided by NCI</b>		Organization: <b>National Cancer Institute</b>
Website: <b><a href="http://health.nih.gov/topic/SmokingCessation/SubstanceAbuse">http://health.nih.gov/topic/SmokingCessation/SubstanceAbuse</a></b>		
Name/ Title of Contact:		
Phone: <b>(800)422-6237</b>	E-Mail:	Address:
Fax:		
Program/Service Description: <a href="#">Clearing the Air: Quit Smoking Today PDF</a> <a href="#">Forever Free for smokers who have recently quit</a> <a href="#">Guía para Dejar de Fumar (2002) PDF Spanish</a> <a href="#">Online Guide to Quitting [ PDF Version ]</a> <a href="#">Preguntas y respuestas sobre dejar de fumar Spanish</a> <a href="#">Prevention and Cessation of Cigarette Smoking: Control of Tobacco Use</a> <a href="#">Quitting Tobacco: Being Around Other Smokers ... Without Smoking</a> <a href="#">Quitting Tobacco: Driving or Riding in a Car...Without Smoking</a> <a href="#">Quitting Tobacco: Enjoying Coffee and Tea... Without Smoking</a> <a href="#">Quitting Tobacco: Enjoying Meals - Without Smoking</a> <a href="#">Quitting Tobacco: Facing Boredom...Without Smoking</a> <a href="#">Quitting Tobacco: Facing the Morning...Without Smoking</a> <a href="#">Quitting Tobacco: Handling Anxiety...Without Smoking</a> <a href="#">Quitting Tobacco: Handling Cravings...Without Smoking</a> <a href="#">Quitting Tobacco: Handling Depression...Without Smoking</a> <a href="#">Quitting Tobacco: Handling Irritability and Frustration...Without Smoking</a> <a href="#">Quitting Tobacco: Handling Stress...Without Smoking</a> <a href="#">Quitting Tobacco: Having a Drink...Without Smoking</a> <a href="#">Quitting Tobacco: Short-term and Long-term Health Benefits</a> <a href="#">Smoking Cessation and Continued Risk in Cancer Patients (PDQ)</a> <a href="#">Smoking Facts and Tips for Quitting</a> <a href="#">You Can Quit Smoking Now!</a>		Type of Service (e.g.Advocacy, prevention): <b>Advocacy</b>
		Special Population Served:
		Language Capacity:

Program/Service: <b>Resources Provided by NHLBI</b>		Organization: <b>National Heart, Lung, and Blood Institute (NHLBI)</b>
Website: <b><a href="http://health.nih.gov/topic/SmokingCessation/SubstanceAbuse">http://health.nih.gov/topic/SmokingCessation/SubstanceAbuse</a></b>		
Name/ Title of Contact:		
Phone: <b>(301) 496-4236</b>	E-Mail:	Address: <b>National Institutes of Health (NIH) 9000 Rockville Pike Bethesda, Maryland 20892</b>
Fax:		
Program/Service Description:		Type of Service (e.g. Advocacy, prevention): <b>Advocacy, Prevention</b>
<u>Nais ng mga Pilipino ang Malusog na Puso (Smoking Cessation)</u>		Special Population Served:
<u>Don't Burn Your Life Away-Be Good to Your Heart</u> <i>Filipino / English</i>		
<u>Refresh Yourself! Stop Smoking</u>		Language Capacity: <b>Eng/Filipino/Vietmanese</b>
<u>Vietnamese Aspire for Healthy Hearts Don't Burn Your Life Away--Be Good to Your Heart</u> <i>Vietnamese / English</i>		

## Phone Directory

<b>Prevention</b> .....	pp. 3-11
Community Partnership for Tobacco Prevention .....	(973) 571-2324
REBEL .....	(973) 571-2324
Guidelines for School Health Programs to Prevent Tobacco Use and Addiction .....	(404)498-1150
The Federal Government Source for Women's Health Information.....	1-800-994-9662
Secondhand Smoke: What It Means to You.....	1-800-232-4636
Smoking and Tobacco Use .....	1-800-232-4636
The Science Behind Drug Abuse .....	(877)643-2644
The Nurses Role in Tobacco Prevention and Cessation for Adolescents .....	N/A
Youth Prevention.....	(404) 712-8474
 <b>Cessation</b> .....	 pp. 6, 12-24
The Federal Government Source for Women's Health Information .....	1-800-994-9662
Quit Program in Essex County .....	(973) 926-7978
New Jersey QuitNet .....	N/A
New Jersey Quitline .....	(866)657-8677
GlaxoSmithKline Smokers Hotline .....	(877) 662-7434
Ex: Re-learn Life Without Cigarettes .....	N/A
Smokefree.gov .....	N/A
Smoke Free Women .....	N/A
Help for Smokers and Other Tobacco Users.....	(301) 427-1364
Quitting Chewing Tobacco and Snuff – Telephone and Online Chat Service .....	(877) 448-7848
Spit Tobacco – A Guide for Quitting .....	(866) 232-4528
A Collection of Articles on Nicotine Addiction.....	(877)643-2644
Tobacco Treatments .....	N/A
Helpers Program .....	(520) 626-1084
 <b>Advocacy</b> .....	 25-29
Youth Smoking Prevention Campaign.....	N/A
International Resource Center .....	(202) 296-5469
InfoFacts – High School and Youth Trends.....	(301) 443-1124
Resources Provided by NCI .....	(800) 422-6237
Resources Provided by NHLBI.....	(301) 496-4236

“The Essex County Cancer Coalition (ECCC) is made possible by a grant from the New Jersey Department of Health and Senior Services’ Office of Cancer Control and Prevention. The mission of the ECCC is to implement the *New Jersey Comprehensive Cancer Control Plan* in Essex County. For more information on Comprehensive Cancer Control in NJ, please visit: [www.njcancer.gov](http://www.njcancer.gov).”