

TODAY, March 24th, 2015 is Diabetes ALERT ! Day

- **Take the Diabetes Risk Test** and share it to find out if you or a loved one is at risk for type 2 diabetes,
Visit <http://diabetes.org/takethetest>
- Sign up for a nationwide **Step Out: Walk to Stop Diabetes event**,
Visit diabetes.org/alert



CALL the Essex-Hudson Diabetes Resources Coordination Center for information about diabetes prevention and diabetes control workshops: 973-972-4623. Ask for Ms. Schoenherr.



Essex-Passaic
Wellness Coalition
web.njms.rutgers.edu/epwc

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