**TODAY, March 24th, 2015 is Diabetes ALERT! Day**

- **Take the Diabetes Risk Test** and share it to find out if you or a loved one is at risk for type 2 diabetes,

- Sign up for a nationwide **Step Out: Walk to Stop Diabetes event,**
  Visit [diabetes.org/alert](http://diabetes.org/alert)

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**CALL the Essex-Hudson Diabetes Resources Coordination Center for information about diabetes prevention and diabetes control workshops: 973-972-4623. Ask for Ms. Schoenherr.**

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Supported by funds from the Centers for Disease Control and Prevention through the New Jersey Department of Health, Chronic Disease Prevention and Control Program.
Adapted from: diabetes.org/alert